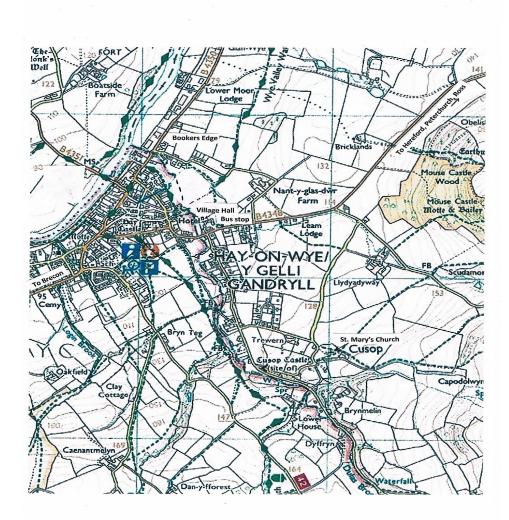


Compiled by Cusop Church in conjunction with Cusop Village Hall and Cusop Parish Council

MEDICAL & EMERGENCY Doctors	
Hay Medical Centre	01407 82100
The Surgery, Staunton-on-Wye	01981 500227
Out of hours – Shropdoc GP & NHS Direct Wales	111
Welsh Water	0800-0520145
Develope	
Dentists	01407 022720
My Dentist, Hay-on-Wye	01497 822730
Riverside Dental Care	01497 820421
Opticians	
Jackson & Gill, Hay-on-Wye	01497 821260
Hospitals	
The County Hospital, Hereford	01432 260 000
Brecon War Memorial Hospital	01874 622443
Neville Hall Hospital, Abergavenny	01873 732732
Nevine Hui Hospital, Abelgavenny	010/0/02/02
Police non-urgent calls	101
Vets: Hay Veterinary Group, Forest Rd. Hay-on-Wye	01497 820863
Samaritans: National helpline free call	116123
TRANSPORT	
Community Transport: Dial a Ride	01497 821616
Trains: National Rail enquiries	0345 748 4950
Taxi Services: Hay Taxi	07974106656
Book Town Taxi	07881726547
SOCIAL & DOMESTIC	
Hereford Council	01432 260000
Social Services	01432 260101
Western Power	08000963080
Power Cuts	08006783105



**Hay 2 Timbuktu** is the Hay end of a twinning link with Timbuktu in Mali, established in 2007. As a registered charity it aims to promote contacts between the two towns through school links and fundraising in Hay for small scale projects in Timbuktu. *www.hay2timbuktu.org* 

0800111999

01432 261800

National Grid Gas Leaks

Highways

Scouts 10-14yrs Monday Explorers 14-18yrs Wednesday Claire Bunton - hayonwyescoutgroup@outlook.com Tel: 07717 478272

# Other Outdoor Pursuits and Activities for Children in and around Hay

Hay on Wye Canoe Club Clare Fry 01497 820604

Climbing Club, (a children's club is run periodically ) Trewern Outdoor Education Centre Cusop Contact 01497 820056

Llangorse Multi Activity Centre activityuk.com

Tregoyd Mountain Riders tregoydriding.co.uk

Bryngwyn Riding Centre *ridinginwales.com* 

www.dayoutwiththekids.co.uk > Hay on Wye

visithay.co.uk >fun

cosyundercanvas.co.uk >things to do when it rains

breconbeacons.org > 10 ideas for family fun

wyetourism.co.uk

# **Local Churches**



- St Mary's Church, Cusop (Church of England)	
Revd Luci Morriss, Priest in Charge	01497 821877
luci.borderlinkbenefice@outlook.com	
Revd Jane Rogers, Associate Priest	01981 500478
jane@blakemerehouse.myzen.co.uk	
St Mary's Church, Hay-on-Wye (Church of Wales)	
Fr Richard Williams	01497 820448
Bethesda Evangelical Church, Hay-on-Wye	
Revd Gordon Bingham	01497 820685
St Joseph's Church, Hay-on-Wye (Roman Catholic)	
Fr Jimmy Sebastian	07922 042749
hayonwye@menevia.org	
- · · · · · · · · · · · · · · · · · · ·	
Society of Friends, Hay-on-Wye -Janet Robinson 014	497 821348
Caring for God's Acre - meets in Cusop Churchyard 5	5 times a year.
Contact Celia Cundale - 01497 820 396	

### Clubs and Activities in and around Cusop

Many regular clubs and activities take place in Cusop Village Hall. These include numerous yoga sessions, pilates and Qigong classes which are privately organised and details of these can be found on the "Village Hall" page of the village website: *www.cusop.net* 

### Voluntary Groups meeting at Cusop Village Hall

Mothers' Union - 2<sup>nd</sup> Tuesday of the month (2.00pm-3.30pm)
Tea and Chat - 4<sup>th</sup> Tuesday of the month (2.00pm-3.30pm)
(All welcome to the above: contact Janet Bumford 01497-831264)
Hayday Café - 1<sup>st</sup> Monday of the month (2.30-4.00pm) Contact Sue Hodgetts (01497-822523) – for those living with dementia and their carers.
Tea at Three – held on the last Sunday (3.00-4.30pm) during the winter months. All ages welcome.
Contact Cherry (01497-820394) or Celia (01497 820396)
Table Tennis- Wednesday afternoons (3.00pm) Contact Jim Wesley (01497 820705)
Women's Institute ("Hay on WI) – meets on the 2<sup>nd</sup> Wednesday of the month at 7.30pm: Contact Sue Hodgetts (01497-822523)
Cusop History Group – meets of the 2nd Friday of the month at 7.00pm: Contact Sue Hodgetts (01497-822523)

### **Activities for Children**

Messy Church is held on the 2<sup>nd</sup> Thursday of each month (3.15pm to 4.30pm) at Clifford Community Centre: Contact Margaret Price (01497-820464)
Kids Club is held at Bethesda Evangelical Church, Oxford Road, Hay, on Thursdays during term time (5.30pm -6.30pm). Ages 4-11yrs

Contact Revd Gordon Bingham (01497-820685)

*Clyro Rainbow & Guides for girls aged 5-7yrs* (term time) at Clyro Village Hall. Contact: Ros Murphy (01497-847102)

1st Glasbury Beaver Scouts : Contact: 07393-451876

1st Hay-on-Wye Scout Group: Contact: 07717-478272

Hay Youth Theatre meets at Cusop Village Hall on Saturdays during term time Ages 7-11yrs

10.30am to 12.30am Ages 12-16yrs 1.00pm to 3.00pm

Contact Janine Sharp (07733-055430)

The Globe, Newport Street, organises various children's activities, e.g. chess

### **Other Clubs and Activities**

**Borderlink Bellringers**: Contact: Alison Alcock (01497-847510) **U3A Hay** meets at Clyro Court on the 3<sup>rd</sup> Tuesday of the month. Contact Juliet Lewis (01497-851228) website: u3asites.org.uk/hay/events

4

# **Other Groups Catering for Children**

#### Dance in Hay

4-5yrs Monday 4-4.30; 6-7yrs -4.45-5.30 8-12yrs-5.30-6.30

Talgarth Twisters (8+) - Tuesdays -3.30-4.30

Powys Dance - dawnspowysdance.org Tel. 01597 824370

### Bishys Fishys:

Hay School Swimming Pool and Riverside International
Caravan Park swimming pool, Bronllys.
6 week lessons for children.
Contact: Bishys Fishy's Facebook pagemail or Divina on - divinagillard@gmail.com
Kiersten on - kierstonbishop@gmail.com
Brecon Swimming Pool - freedom-leisure.co.uk/centres/brecon-leisure-centre 01874 623677
Creation Station: Hereford. Tele: 07786 394704

### **Facebook** groups

Hay on Wye Community Notice Board. Brecon baby and toddler activities Brecon buggy walks

#### Sports and Organisations

Hay Junior Football Club Hay Playing Fields Saturday 10am Girls and boys Yr1+ Ask for Steve Jenkins or Greg Cohen

Gwernyfed Rugby Club, Talgarth Mini & Junior section Girls and Boys 6yrs+ gwernyfedrfc.co.uk

1st Hay on Wye Scouts Girls and boys Beavers 6-8yrs Thursday Cubs 8-10yrs Monday Cusop Parish Council: contact Jane Stannard <u>clerk@cusop.net</u> Tel. 01497 821076

**Chemist** - Pharmacy R.M. Jones High Town, Hay-on-Wye Tel. 01497 821459, open Mon, Wed & Fri. 9.00 – 18.00 Tues & Thurs. 9.00 - 17.30, Sat 9.00 – 13.00 Dispensary closed 13.00 - 14.00 daily.

Care Home: Cartref Home for the elderly, Brecon Road, Hay on WyeTel. 01497 820621Cash Point - Outside the Butter Market and inside Co-Op supermarket

**Charity shops in Hay** – Oxfam and Red Cross **Thursday is Market Day** - many stalls including Fresh Fish, Local Bread, Cheese, Fruit and Vegetables, Socks and Linen.

Milk delivery - Bev Hughes Tel. 01874 754670

The Link Parish Magazine: contains news and useful links to local tradespeople, available from Shelia Leighton 01497 820748

**Free magazine** – Wye Local, gives information about clubs, groups and events. It is delivered to most doors or can be picked it up in the Co-Op Supermarket.

**Newsagents:** Newspapers are on sale at Spar and the Co-op.

Library: Oxford Road adjacent to Hay primary school, (access via the main car park). Tel. 01497 820847 Opening hours: Mon 10am - 12.30pm & 1.30- 3pm Tues & Wed closed. Thurs 10am - 12.30pm & 1.30 – 3.00 pm. Fri 1.30 – 6.00 pm Sat.

Petrol – Regent House filling station Clyro Tel. 01497 820371

**Post Office** – at Country Supplies, Oxford Road. Opening hours: Monday to Saturday 9.00am-5.00pm.

NatWest Mobile Bank – Fridays 12.15 – 13.00, van on car park outside Hay Cinema Bookshop HR3 5DF

6

#### **Play Areas:**

Cusop Play Area – this is situated behind Coronation Terrace, on the right side of Cusop Dingle, down a small lane.

Hay-on-Wye, Play Area and Sports Fields, on Brecon Road

**Swimming Pools:** In the grounds of Hay primary school, open from Easter – October.

Seven Stars Guesthouse, Broad Street Hay-on-Wye, pool for private hire.

# Links to Children's Facilities in Cusop and Hay on Wye

### Schools

## \_Herefordshire Primary Schools

Clifford Primary School cliffordprimary.com 01497 831202

Michaelchurch Escley Primary School michaelchurchprimary.co.uk 01981 510208 The school runs a minibus to and from Hay.

### Herefordshire Secondary Schools

Fairfield High School Peterchurch (Age 11-16) fairfield.hereford.sch.uk 01981 550231

### Hereford 6th Form College

Folly Lane Hereford *hereford.ac.uk* 01432 355166

### **Powys Primary Schools**

Hay on Wye School Ysgol Y Gelli hay.powys.sch.uk 01497 820339

Clyro Church in Wales Primary School clyro.powys.sch.uk 01497 820860

**Powys Secondary Schools** 

**Gwernyfed High School, Three Cocks (Age 11-18)** gwernyfed-hs.powys.sch.uk 01497 847445

### Pre-Schools

*Powys Pre Schools en.powys.gov.uk* search 'preschool' then scroll to *Find childcare.....* 

Little Stars preschool and nursery at Hay Primary School hay.powys.sch.uk

Tisha Jones or Becky Golesworthy 07532 257971 Little Stars preschool and nursery at Clyro Primary School *clyro.powys.sch.uk* Tisha Jones or Becky Golesworthy 07532 257971

### Play/toddler groups

Baby and Toddler group Thursday 9.30 term time only Bethesda Evangelical Church Oxford Road Hay-on-Wye 01497 820685 Little Cwtch sensory and dance classes in Brecon, Hay, Talgarth, Llangorse and Herefordshire

<u>littlecwtch.org</u> 07494 433531

Hay Library Story time Monday 11.00-11.30 1st Monday Welsh stories

Talgarth Town Hall Big Fish Little Fish 8months+ Tuesday 2-3pm <u>dawnspowysdance.ora</u>

### Herefordshire Pre Schools

Parent and Toddler Group ( term time only) 'Clifford Explorers' at Clifford Community Centre -Wednesday mornings 9am– 11am.

Contact Samantha Price: sambabow@hotmail.com/ 01981 550255

Busy Bees Nursery & Pre School, Clifford Community. www.Busybeesclifford.com/ 01497 831000 Hay Adult Theatre Studies (HATS) meets on Thursdays 7.30pm to 9.30pm: Contact Janine Sharp (07733-055430)
Hay Hotfooters (running club): Contact: John Gibson (01497-822995)
Hay Camera Club meets on Tuesday evenings 7.30pm-9.30pm at Hay Masonic Hall:
Contact: 01874-676225 website haycameraclub.co.uk
Hay and District Bowling Club: Contact: 01497-820283
Hay Cricket Club: Contact: 01497-847909
Hay Karate Club: Contact: 07769-882254
Hay, St Mary's Football Club- website haystmarysfc.co.uk
Hay, St Mary's Ladies Football Club: Contact: 07530-718230
Hay Walkers: website haywalkers.com

There are tennis courts in Hay which can be booked and council leisure centres at Gwernyfed School, Three Cocks, Brecon and Hereford. There are private gyms in Hay and a swimming pool at The Seven Stars, Hay-on-Wye. These are only some of the clubs and activities in and around Cusop. There are numerous chairs, art classes and much mere. Details of further local activities and curnts can be

choirs, art classes and much more. Details of further local activities and events can be found in "The Link" magazine, "The Wye Local" magazine, and at Hay Library which is situated in Hay Primary School.

# Local Services - Correct Information as on January 2022

**Bus Service**: T14 bus operates Mon –Sat. Brecon - Hay-on-Wye – Hereford. See Stagecoach South Wales for timetable.

**Hay & District Dial a Ride** - The Council Offices, Broad St. Hay-on-Wye Tel 01497 821616, Office open Mon – Fri, 9am – 12 noon

Half day closing in Hay, a few shops close in the afternoon on Tuesdays. Laundrette - Open daily 8am to 8pm located on Bell Bank Hay- on-Wye Hay Cinema - Richard Booths bookshop. Tel. 01497 822010 for tickets